

# BREAKING BAD DOG TRAINING SERVICES

We provide professional pet dog training tailored to your dog's specific needs. Their owners. Our services include private 1:1 training, intensive day training, puppy foundations, and small group classes. Training is focused on practical skills that create well-mannered dogs in real life situations.

## ABOUT THE TRAINER

Kristin Avila, CDT-C	
About The Trainer	Kristin is a professional dog trainer with extensive one-on-one experience throughout New England, where she founded Breaking Bad Dog Training (BBDT) in 2020. She uses practical, positive, science-based methods aligned with fear-free principles, offering private, customized programs for obedience, manners, behavior modification, and real-life skills (excluding aggression cases). Her approach—shaped by early volunteer work at EGAPL—focuses on humane, relationship-centered training that supports both dogs and their families. As a military wife, she relocated from Rhode Island to Georgia due to her husband's orders, shifting her service area after years of helping clients in RI, MA, and CT. She now proudly serves pet owners in Carroll and Haralson County, GA, continuing her mission to help keep dogs in loving homes and out of shelters.
Education	Kristin is a professional dog trainer who achieved her certification through the International School for Certified Dog Trainers with hands-on training in humane, science-based methods. She is also a professional member of the Association of Professional Dog Trainers (APDT), an affiliate of the International Association of Canine Professionals (IACP), and a member of the Pet Professional Guild, highlighting her commitment to ethical, evidence-based practices. Over her career, Kristin has successfully trained a number of dogs in New England using positive reinforcement techniques, helping families develop lasting bonds and reliable behavior. She is also actively working toward her CCDT through CATCH Canine Trainers Academy a nationally recognized program that combines in-depth coursework with practical skill development. She continues to expand her knowledge through ongoing seminars and advanced studies to stay current with the latest research in canine behavior and learning.
Certifications	Certified Dog Trainer- Comprehension (CDT-C) through ISCDT & currently working towards CATCH Certified Dog Trainer (CCDT)n from CATCH Canine Academy Master Class.
Reviews or testimonials	"Kristin is incredible! After only 2 sessions, my little pup confidently knows over 8 commands. I never would have thought this was even

	<p>possible! Kristin is so kind and personalizes the training for each puppy. The training sessions have been so fun and informative. I feel so lucky to be working with Kristin and could not recommend breaking bad dog training enough!! Truly amazing!"</p> <p>You can explore many more client experiences and success stories by visiting <a href="http://breakingbaddogtraining.com/testimonials">breakingbaddogtraining.com/testimonials</a> or checking out additional reviews on our Facebook page.</p>
Services you provide	<p>BBDT offers a streamlined set of services that fit real family life. Her private in-home sessions give owners clear, personalized coaching right where behavior happens. Her day training programs work like a stay-at-home version of board-and-train—Kristin comes several days per week and works with your dog through multiple short, effective sessions over a few hours, blending skill-building with enrichment, thoughtful rest breaks, structured walks, and exposure to everyday stimuli to build calm, resilient behavior. She also teaches group classes that strengthen manners and focus in a fun, social environment. Every service is tailored to each dog's needs while keeping training humane, effective, and stress-free.</p>
Your Rates	<p>Training options are priced to give families flexibility based on the level of support they want. Private one-on-one lesson packages range from \$500–\$750, offering focused guidance tailored to your home and routine. Group classes range from \$75–\$250, making skill-building accessible in a fun, social setting. For the most hands-on transformation, day training programs range from \$1,250–\$2,400, reflecting the intensive, multi-day professional training received.</p>

## AVAILABILITY

Hours/Day Availability	Subject to change and will be worked out on a case by case basis.
Your typical response time	24-48 hrs
Distance you are willing to travel	20 miles from Temple, GA

## CONTACT INFORMATION

Phone Number	470-663-0465 (Text for faster response times)
Email	<a href="mailto:breakingbaddogtraining@gmail.com">breakingbaddogtraining@gmail.com</a>
Website	<a href="http://www.breakingbaddogtraining.com">www.breakingbaddogtraining.com</a>
Training Location	Training sessions are offered at The PelleRanch Dog Sitting & Boarding in Carrollton, GA with the option of in-home private lessons or day training depending on schedule, availability, and preference of both trainer/owner as discussed.

# PRIVATE INDIVIDUAL TRAINING

Private individual training is especially beneficial for those who are committed to putting in the time and effort with their dog. With a trainer guiding and coaching each session, clients receive personalized feedback and support tailored to their dog's unique needs. After every session, we provide owners with specific tools and a customized training plan, empowering them to continue practicing and reinforcing skills on their own schedule. This approach ensures lasting results and strengthens the bond between owner and dog.

Package	Number of Sessions	Price	Key Skills & Focus Areas
Initial Behavior Consultation	60 min	\$50	Full evaluation and written behavior plan
Basic Obedience Package	5 sessions	\$550	Sit, Down, Stay, Leave it, Drop It, Leash foundations, Recall introduction, Impulse control.
Advanced Obedience Package	5 sessions	\$625	Reliability with distractions, public exposure, duration & distance work.
Behavioral Modification Package	6 sessions	\$750	Anxiety, mild reactivity, confidence-building, structured desensitization, owner coaching.

## WHY CHOOSE DAY TRAINING AND WHAT IS IT?

Day training is a popular choice for owners who want professional results without the stress, time commitment, or high cost of doing all the early training themselves. A trainer handles the heavy lifting, teaching your dog the foundation skills correctly from the start, which leads to faster, cleaner learning and fewer mixed signals.

Because your dog goes home at the end of each day, they avoid the stress of long separations and continue sleeping in their own bed. This model is also more affordable than board-and-train, making it a smart option for families who want high-quality training without the premium price of overnight care.

Day training also offers flexibility in location. Depending on availability, sessions can be completed in your home while you work or at the training facility, giving you options that fit your schedule and your dog's needs.

The combination of professional instruction, structured days, and guided owner hand-offs creates a smooth, effective training experience. Owners step into the process once the foundation is already built, making follow-through easier and more successful at home.

# FOUNDATIONS DAY TRAINING

Foundations Day Training gives your dog a structured, professional training day without the cost or separation of a board-and-train. Each session lasts 4–6 hours and blends focused skill-building with enrichment, play, daily manners practice, and intentional downtime so your dog can learn without becoming overwhelmed. Core behaviors—such as sit, down, stay, place, recall, leash manners, and impulse control—are taught through clear, consistent communication from a professional trainer.

This is a foundational program, designed to teach and solidify essential skills before moving into more advanced proofing. Proofing behaviors—adding distance, duration, and distractions—requires many repetitions and progresses differently for every dog. We move into proofing as time allows, based on how quickly your dog learns each behavior. Every dog is unique, and their training plan should be too, so the pace and progression are tailored to your dog’s individual needs.

Daily manners are reinforced throughout real-life moments, including polite greetings, waiting at doors, settling calmly, and responding to cues in everyday situations. Dogs also enjoy mental and physical enrichment, confidence-building activities, and a predictable routine that mirrors a healthy day at home.

To support consistency, owners receive brief daily hand-offs summarizing what their dog worked on and how to practice at home. In addition, weekly instructions and check-ins provide deeper guidance, ensuring you feel confident maintaining your dog’s progress throughout the program. Owners will also receive 1-2 handoff training session lasting 60-90 minutes.

Frequency	Total Training Days	Price	Includes
2 days/ week	8	\$1250	<p>This is the foundation. The goal is to build communication and create a reliable companion who understands house rules and basic commands.</p> <p><b>Core Commands:</b> Establishing <i>Sit, Down, Stay, Place</i> (go to a bed/mat), and <i>Come</i> (recall).</p> <p><b>Leash Manners:</b> Teaching the dog to walk on a loose lead without pulling, regardless of neighborhood distractions.</p> <p><b>Impulse Control:</b> Learning to wait at doors, wait for food, and drop items on command.</p> <p><b>Socialization:</b> Introducing the dog to new surfaces, sounds, and controlled environments to build confidence</p>
3 days/ week	12	\$1750	

## ADVANCED DAY TRAINING

Advanced Day Training is designed for dogs who have already mastered their foundational cues and are ready to take their skills into more challenging, real-world environments. Each 4–6 hour training day focuses on proofing behaviors through increased distance, duration, and distractions, helping your dog respond reliably no matter what is happening around them.

This program emphasizes real-life application. Dogs practice their skills in new locations, around higher-level distractions, and during more complex scenarios such as greeting manners, public outings, loose-leash walking in busy areas, and maintaining focus when excitement or stress levels rise. Advanced impulse control, stronger emotional regulation, and early off-leash reliability (where appropriate) are woven throughout the training day.

Because every dog progresses differently, the training plan is tailored to your dog’s individual needs, strengths, and learning style. Some dogs advance quickly into higher-level proofing, while others benefit from more repetition before increasing difficulty. Each dog is unique, and their training plan should be too.

Daily manners continue to be reinforced throughout the day, and dogs receive a balanced mix of structured work, enrichment, play, and downtime to support healthy learning and prevent overwhelm.

Owners receive brief daily hand-offs summarizing what their dog practiced and how to support the training at home. In addition, this program includes two individual training hand-off sessions—one halfway through and one at completion—so you can learn, practice, and feel confident maintaining your dog’s advanced skills. You also receive lifetime training support via phone or text, ensuring you always have guidance as your dog continues to grow.

Frequency	Total Training Days	Price	Includes
3 days/ week	12	\$1750	<p><b>Distraction Proofing:</b> Executing commands in high-traffic areas (parks, cafes, city centers) where motivation to ignore you is high.</p> <p><b>Distance &amp; Duration:</b> Requiring the dog to hold commands while you are far away or for extended periods of time.</p> <p><b>Off-Leash Reliability:</b> Specialized training to ensure the dog checks in with you and recalls instantly, even off-leash (in appropriate, safe settings).</p> <p><b>Advanced Heeling:</b> Precision walking (maintaining focus on you) despite environmental changes.</p> <p><b>Lifetime trainer support via text/phone</b></p>

## **COMPLEX BEHAVIOR FOCUSED DAY TRAINING:**

Complex Behavior Day Training is designed for dogs who need targeted, professional support to address challenging behaviors that go beyond basic manners or obedience. This program focuses on modifying behaviors such as reactivity, fear-based responses, anxiety-driven behaviors, resource guarding, over-arousal, or difficulty coping with everyday environments. Each 4–6 hour training day provides a structured, controlled setting where your dog can learn new coping skills, practice emotional regulation, and build confidence through carefully planned behavior-modification exercises.

Training plans are highly individualized. Complex behaviors require thoughtful assessment, strategic repetition, and gradual exposure to triggers at a pace your dog can handle. Progression is based on your dog's emotional state and learning capacity—not a preset timeline. Every dog is unique, and their behavior-modification plan should be too.

Throughout the day, your dog works on tailored exercises that may include threshold management, desensitization and counterconditioning, impulse control, confidence-building activities, and structured decompression periods. Daily manners and foundational skills are reinforced as part of the overall behavior-modification process, helping your dog learn how to navigate real-life situations more calmly and predictably.

Owners receive brief daily hand-offs summarizing what was practiced, how your dog responded, and what to reinforce at home. The program also includes three-four individual training hand-off sessions—one halfway through and one at completion—so you can learn the techniques, handling skills, and management strategies needed to support your dog's progress. To ensure long-term success, you also receive lifetime training support via phone or text, giving you ongoing access to professional guidance whenever questions or new situations arise.

### **Why Choose Complex Behavior Day Training:**

Complex behavior issues can feel overwhelming to address alone, and many require professional expertise to modify safely and effectively. Day training allows a skilled trainer to handle the most sensitive and technical parts of behavior modification, ensuring your dog learns in a controlled, supportive environment that minimizes stress and prevents setbacks.

Because your dog goes home each day, they can immediately begin generalizing their new skills in their normal environment. This daily rhythm strengthens progress and helps prevent regression. Complex Behavior Day Training is also more affordable and less stressful than board-and-train, offering intensive professional support without removing your dog from their home routine.

Training can take place in your home while you work or at the training facility, depending on availability and what best supports your dog's behavioral needs. This flexibility ensures your dog receives training in the environments that matter most.

The combination of expert behavior-modification work, structured training days, daily communication, dedicated hand-off sessions, and lifetime support creates a comprehensive, sustainable path toward helping your dog feel safer, more confident, and more capable in their everyday life.

## COMPLEX BEHAVIOR DAY TRAINING: 4-6 WEEKS

Frequency	Total Training Days	Price	Includes
4 weeks: 3 days/ week	12	\$2100	<p>This is a specialized approach for dogs struggling with emotional regulation or reactivity. It is less about "teaching tricks" and more about reshaping the dog's response to triggers.</p> <p>Desensitization &amp; Counter-Conditioning: Changing the dog's emotional response to a trigger (e.g., other dogs, strangers, or loud noises) by pairing it with positive experiences.</p> <p>Trigger Management: Teaching the dog to "check in" with the handler instead of reacting when they spot a potential stressor.</p> <p>Emotional Regulation: Working on settling techniques that help the dog lower their own arousal levels in stressful situations.</p>
6 weeks: 3 days/week	18	\$2900	<p>Customized Planning: Because this is highly specific to the dog's trauma or temperament, the sessions are tailored to the individual rather than a general curriculum.</p> <p>3-4 Handoff Sessions 60-90 min each</p> <p>Lifetime Trainer phone/txt support</p>